



Community Outreach Project



In China, Korea and Japan, our ancient female ancestors fulfilled their Bodhisattva vow of compassion by serving their community. They sacrificed their entitled positions and privileged status to feed the hungry, provide refuge to abused women and children and care for the sick. Atlanta Soto Zen Center seeks to emulate their example by building community through service to others.

Event: Please join us at Project Open Hand on July 17, 2010 to prepare meals and build fellowship within our sangha. This is a family event. Children over 8 are welcome. For those interested, we will be meeting at ASZC for Zazen prior to the event or simply meet us at the Project Open Hand facility: [176 Ottley Drive Northeast, Atlanta, GA 30324](#).



Project Open Hand helps people prevent or better manage chronic disease through Comprehensive Nutrition Care™, which combines home-delivered meals and nutrition education as a means to reinforce the connection between informed food choices and improved quality of life.

Date	July 17, 2010
Zazen	7:30 a.m. to 8:30 a.m.
Volunteer	9:00 a.m. to 12:00 p.m.

Please RSVP Katie Madson by July 12, 2010, [<madsonkt@gmail.com>](mailto:madsonkt@gmail.com)